GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:3967
ANSWERED ON:09.12.2016
Gestational Diabetes
Karandlaje Km. Shobha

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether the incidence of Gestational Diabetes Mellitus (GDM) in India varies from 10 per cent pregnant women in rural areas to 30 per cent in urban areas and only a small proportion is diagnosed and provided care and if so, the details thereof;

(b) whether there are only 1000 diabetologists in the country;

(c) if so, the corrective steps taken by the Government in this regard; and

(d) whether the Government has any plan to create awareness campaign to diagnose fight/GDM and if so, the details thereof?

Answer

ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(ANUPRIYA PATEL)
(a): National level data on the prevalence of gestational diabetes in women is not available. However, Indian Council of Medical Research (ICMR) informed that as per studies conducted in rural areas of Jammu, Tamil Nadu, Maharashtra and Haryana, the range of prevalence of Gestational Diabetes Mellitus (GDM) varies from 6.7% to 13.9%.
Government of India has released Guidelines on Diagnosis and Management of Gestational Diabetes Mellitus (GDM) in pregnant women in November 2014. GDM testing has been included in the essential ante-natal care package.
States have started implementing these guidelines and based on the proposal received from states in their Annual Project Implementation Plan (PIP), funds are being released and states are in various phases of rolling out this programme.
(b): Data regarding number of Diabetologists in the country is not maintained centrally.
(c): As per the guidelines, a 3 day Training plan is organized in the identified district, for the Staff Nurses, Auxiliary Nurse Midwives and Medical officers(SNs/ANMs/MOs) and the training is done for all public health facilities in the district from Medical College to sub-centre level.
(d): Information Education and Communication (IEC) module is included in the training of health workers for imparting counselling to pregnant women which includes importance of healthy lifestyle including diet in preventing diabetes and Do's and Don'ts for GDM. The States have also been told to include GDM in their state IEC plan.
â€¦â€¦â€¦â€¦